

World Cup Sustainability Week

Theme: Football Shirts & Boots Upper Primary

Overall Learning Objectives

By the end of the week, pupils will:

Understand how football shirts and boots are made.

Explore materials used in sportswear and their environmental impact.

Recognise the concept of sustainability and recycling in sport.

Develop design skills by creating eco-friendly sportswear.

Build awareness of global events such as the FIFA World Cup.

Communicate ideas through writing, discussion, and creative tasks.

Weekly Overview

Day 1: Introduction to the World Cup & Football Kit

Learning Objectives

Understand what the World Cup is.

Identify parts of a football kit (shirt, shorts, boots).

Recognise different national team designs.

Activities

Class discussion: What is the World Cup? Which countries take part?

Look at images of different team shirts (colours, badges, patterns).

Label a football kit diagram.

Activity: Design your own country and draw its football shirt.

Day 2: How Football Shirts Are Made

Learning Objectives

Learn about materials used in football shirts (e.g. polyester).

Understand basic manufacturing processes.

Explore where shirts are made globally.

Activities

Teacher explanation: From plastic bottles to polyester shirts.

Map activity: Locate countries where kits are produced.

Investigation: Feel different fabrics (cotton vs polyester).

Writing task: “How a football shirt is made” (step-by-step).

Day 3: Sustainability & Recycling in Football Shirts

Learning Objectives

Understand sustainability and recycling.

Learn how old materials can become new kits.

Recognise environmental impacts of clothing production.

Activities

Discuss: What happens to old clothes?

Case study: Clubs using recycled materials in kits.

Sorting game: Recyclable vs non-recyclable materials.

Creative task: Poster promoting recycling football shirts.

Day 4: Football Boots & Environmental Impact

Learning Objectives

Understand how football boots are made.

Explore materials (leather, synthetic plastics).

Consider environmental issues (waste, pollution).

Activities

Compare traditional leather boots vs modern synthetic boots.

Discuss: Why do boots wear out quickly?

Group task: Think of ways to make boots last longer.

Design challenge: Sketch eco-friendly football boots.

Day 5: Design & Innovation Challenge

Learning Objectives

Apply knowledge of sustainability to design.

Explain design choices clearly.

Work collaboratively.

Activities

Final project: Design a sustainable football kit (shirt + boots).

Must include recycled materials.

Must represent a country.

Write a short explanation:

What materials are used?

How is it environmentally friendly?

Present designs to the class (mini “World Cup showcase”).

Cross-Curricular Links

Geography: Countries participating in the World Cup

Science: Materials and recycling

Art & Design: Kit and boot design

English: Instruction writing, presentations

PSHE: Environmental responsibility

Assessment Ideas

Observation during discussions and activities

Completed design work and explanations

Participation in group tasks

End-of-week presentation

Extension Activities

Research a real football club using sustainable kits

Create a class “eco World Cup” tournament

Debate: “Should all football kits be made from recycled materials?”